



## Disney Packing List for Grown-Ups<sup>1</sup>

### Clothing

- Shirts
- Shorts
- Pants or capris
- Sweatshirt or sweater
- Jacket
- Specialty outfits/shoes  
(for special events or ADRs)
- Sneakers

- Flip flops
- Sandals
- Socks
- Underwear
- Bras
- Pajamas
- Swimsuit
- Swimsuit cover-up

- Belt
- Sunglasses Hat
- Jewelry
- Watches
- Water shoes
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### Toiletries

- Shampoo
- Hair conditioner
- Body wash
- Hair brush/comb
- Hair spray
- Hair gel/mousse
- Hair dryer
- Hair bands
- Toothbrush
- Toothpaste
- Floss
- Mouthwash

- Deodorant
- Razor
- Shaving cream
- Contact lenses
- Contact case
- Contact solution
- Glasses
- Lip balm
- Body lotion
- Face wash
- Face lotion
- Make-up

- Make-up remover
- Nail polish
- Nail polish remover
- Tweezers
- Nail scissors/clipper
- Nail file
- Q-tips
- Perfume/cologne
- Tampons/pads
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### Medication/First Aid

- Prescription medication
- Pain medications
- Antacids
- Simethicone
- Daytime cold medication
- Nighttime cold medication
- Decongestants
- Allergy medication
- Vitamins
- Eye drops
- Cough drops

- Band-Aids
- Antibiotic ointment
- Moleskin
- Foot powder
- Sunscreen
- Insect repellent
- Hydrocortisone cream
- Aloe Vera
- Birth Control
- \_\_\_\_\_
- \_\_\_\_\_

<sup>1</sup> This packing list serves as a guide for general information purposes only. User discretion is advised.



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Vacation Tools and Technology	
<input type="checkbox"/> Hotel reservation <input type="checkbox"/> Rental car reservation <input type="checkbox"/> Boarding passes <input type="checkbox"/> Cash/Credit/Debit Cards <input type="checkbox"/> Drivers license/ID <input type="checkbox"/> Insurance cards <input type="checkbox"/> Cell phones <input type="checkbox"/> Cell phone chargers <input type="checkbox"/> External battery <input type="checkbox"/> My Disney Experience app <input type="checkbox"/> Play Disney Parks app <input type="checkbox"/> Guidebooks or information packets <input type="checkbox"/> Fitness tracker	<input type="checkbox"/> Fitness tracker charger <input type="checkbox"/> External hard drive (for video/picture storage) <input type="checkbox"/> Extra batteries (AA & AAA) <input type="checkbox"/> Camera <input type="checkbox"/> Extra memory cards <input type="checkbox"/> Membership cards (AAA, DVC, Annual Pass) <input type="checkbox"/> Addresses/stamps for postcards <input type="checkbox"/> Notepad/pen <input type="checkbox"/> Change for tips <input type="checkbox"/> Swim goggles <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____

Theme Park Essentials	
<input type="checkbox"/> Magic Bands/Park Tickets <input type="checkbox"/> ADR confirmation #s <input type="checkbox"/> Special reservation confirmation #s <input type="checkbox"/> Collapsible cooler <input type="checkbox"/> Snacks <input type="checkbox"/> Autograph book and pen <input type="checkbox"/> Walkie talkies (for guests w/out cell service) <input type="checkbox"/> Rain ponchos <input type="checkbox"/> Umbrellas <input type="checkbox"/> Mini-first aid kit	<input type="checkbox"/> Kleenex <input type="checkbox"/> Mister fan <input type="checkbox"/> Towel <input type="checkbox"/> Wet wipes <input type="checkbox"/> Hand sanitizer <input type="checkbox"/> Gallon Ziploc bags <input type="checkbox"/> Pennies/Quarters for pressing <input type="checkbox"/> Pins for trading <input type="checkbox"/> Playing cards or other small games <input type="checkbox"/> _____ <input type="checkbox"/> _____

Housewares and Groceries	
<input type="checkbox"/> Laundry bag <input type="checkbox"/> Laundry soap <input type="checkbox"/> Dryer sheets <input type="checkbox"/> Stain remover <input type="checkbox"/> Water bottles <input type="checkbox"/> Milk <input type="checkbox"/> Gum (not sold on Disney property)	<input type="checkbox"/> Bread <input type="checkbox"/> Peanut butter <input type="checkbox"/> Groceries* (recommend ordering groceries via Amazon Prime for resort delivery) <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____

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**kat does  
disney**

## Disney Packing List for Grown-Ups<sup>1</sup>

- Breakfast biscuits
- Granola bars

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